An innovative approach to healing past relational wounds by mindfully and wholeheartedly stepping into the present moment...

Dr. Jon Caldwell, D.O., Ph.D

Board Certified Psychiatrist

Clinical Researcher

The Meadows





Restoring Embodied Awareness, Compassionate Connection and Hope

REAC<sup>2</sup>H is a 3-day intensive workshop that will cultivate *mindfulness* and *compassion* to deepen your connection to *true self* and to other people. Healing is in REAC<sup>2</sup>H!

Dates: May 2 - 4, 2014. Fri., Sat., & Sun.

**Location: The Loretto Center** 

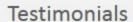
1600 Somerset Lane

Wheaton, Illinois

Cost: \$300



Accommodations and restaurants are located near the Loretto Center. Alternatively, at the time of registration, reservations can be made for guest rooms (\$55/night) and lunch (\$10/day) at the Loretto Center. The registration cost includes all workshop materials, but doesn't include lodging or meals.



"Through this workshop, I was able to get in touch with that part of myself which knows how to heal. This gives me hope!"

N.B. - Pennsylvania, USA

"This workshop was a gift. A precious moment in time filled with discovery, growth, and enlightenment!"

N.F. - Virginia, USA

"I feel changed! I am eager to reengage in my own life!"

K.T. - California, USA

Register for a REAC<sup>2</sup>H Workshop at www.healingisinreach.com

Register Now!

Space is Limited!