

An innovative approach to healing past relational wounds by mindfully and wholeheartedly stepping into the present moment...

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REAC²H

Restoring Embodied Awareness, Compassionate Connection and Hope

REAC²H is a 3-day intensive workshop that will cultivate *mindfulness* and *compassion* to deepen your connection to *true self* and to other people. Healing is in REAC²H!

Dates: July 11 – 13, 2014. Fri., Sat., & Sun.

Location: West Street Loft
20 West Street
Shoreham by Sea
West Sussex, UK



Cost: £200

Accommodations and restaurants are located in and around Shoreham by Sea. The registration cost includes all workshop materials, but doesn't include lodging or meals.



Testimonials

"Through this workshop, I was able to get in touch with that part of myself which knows how to heal. This gives me hope!"

N.B. - Pennsylvania, USA

"This workshop was a gift. A precious moment in time filled with discovery, growth, and enlightenment!"

N.F. - Virginia, USA

"I feel changed! I am eager to re-engage in my own life!"

K.T. - California, USA

Register for a REAC²H Workshop
at www.healingisinreach.com

**Register
Now!**

**Space is
Limited!**