An innovative approach to healing past relational wounds by mindfully and wholeheartedly stepping into the present moment...

Dr. Jon Caldwell, D.O., Ph.D

Board Certified Psychiatrist

d Certified Psychiatrist Clinical Researcher The Meadows





Restoring Embodied Awareness, Compassionate Connection and Hope

REAC²H is a 3-day intensive workshop that will cultivate *mindfulness* and *compassion* to deepen your connection to *true self* and to other people. Healing is in REAC²H!

Dates: July 11 - 13, 2014. Fri., Sat., & Sun.

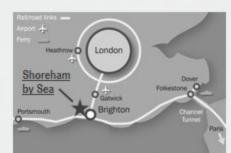
Location: West Street Loft

20 West Street

Shoreham by Sea

West Sussex, UK

Cost: £200



Testimonials

"Through this workshop, I was able to get in touch with that part of myself which knows how to heal. This gives me hope!"

N.B. - Pennsylvania, USA

"This workshop was a gift. A precious moment in time filled with discovery, growth, and enlightenment!"

N.F. - Virginia, USA

"I feel changed! I am eager to reengage in my own life!"

K.T. - California, USA

Accommodations and restaurants are located in and around Shoreham by Sea. The registration cost includes all workshop materials, but doesn't include lodging or meals.

Register for a REAC²H Workshop at www.healingisinreach.com

Register Now!

Space is Limited!